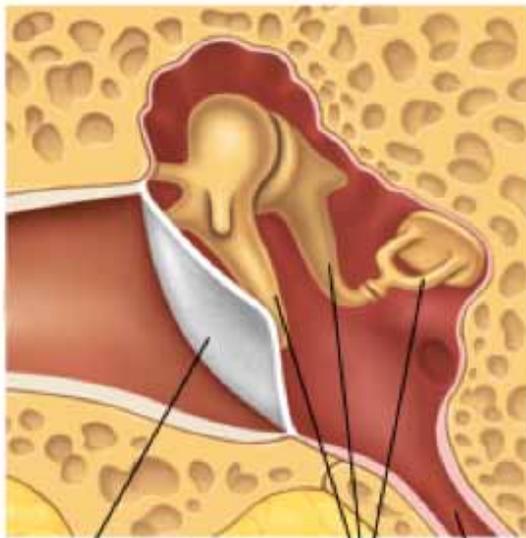


## Otitis Media

Can you see the difference between the healthy ear and the one that is infected?

Normal middle ear

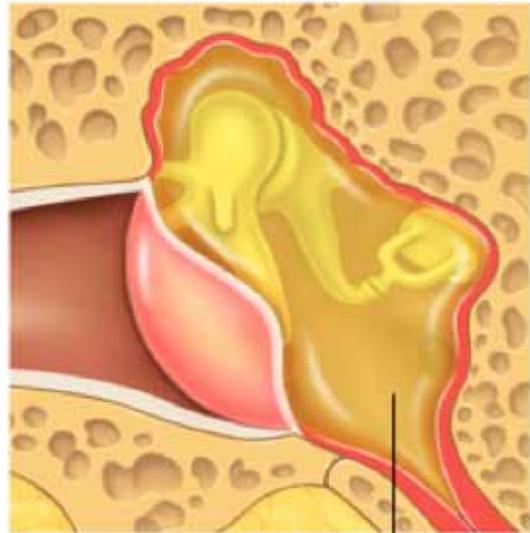


Ear drum

Auditory bones

Eustachian tube

Otitis media



Infected fluid  
in middle ear

Otitis Media is a common ear problem caused by infections of the middle ear. It is sometimes called “glue ear” because it creates pus behind the eardrums that affects your hearing. Hearing is very important and is too valuable to lose - so take good care of it!

- 1 Close your eyes.  
Make a list of all the things you can hear right now.

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**2** Can you imagine what it would be like if you couldn't hear?  
List the things that you would miss if you couldn't hear properly.

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**3** If Otitis Media is untreated, it can lead to long-term hearing loss.  
Circle the things that can be signs that you may have an ear infection.

- talking softly
- pulling at your ear
- not hearing properly
- having pain in the ear
- talking really loudly
- feeling sick
- eating healthy food
- not being able to keep your balance
- feeling healthy
- can't hear the teacher at school
- people can't understand what you are saying



**4** Draw a line to match the things that you could do to help prevent Otitis Media.



keep your face and ears clean

see your doctor or local AMS for regular ear checkups

blow your nose at least three times a day

eat lots of healthy food, like fruit and vegetables

**5** True or false?

- |  |          |          |
|--|----------|----------|
| Otitis Media is a common disease.                                | <b>T</b> | <b>F</b> |
| If you have Otitis Media you may have some kind of hearing loss. | <b>T</b> | <b>F</b> |
| Otitis Media will always get better if you just ignore it.       | <b>T</b> | <b>F</b> |
| If you have hearing loss, it can affect your speech.             | <b>T</b> | <b>F</b> |
| If you can't hear properly, you can't learn properly.            | <b>T</b> | <b>F</b> |