

MOVE IT MOB STYLE

PRIMARY

SERIES 3

Culture and Heritage

No Shame



Dizzy Doolan uses her songs as a way of expressing herself through music.

She wrote her song *No Shame* when she was about 16 years old. She uses music as a way of healing and to give positive messages about herself and her culture.



1 What are some forms of Indigenous culture that are already mainstream (we see them all around us)?

2 List the things about Indigenous culture that you are proud of.

3 Here is a brief Biographical Account about Dizzy Doolan.

Dizzy Doolan (Charmaine Armstrong) comes from Townsville, part of the Tjaka Laka, Gurrang Gurrang and Gwamin tribes of north Queensland. She has been living in Brisbane for six years, making a name for herself in the hip hop scene.

She went to the Aboriginal Centre for the Performing Arts and achieved her Diploma as a result. She has gone on to pursue her career goals as a performing artist at different community events and festivals. She delivers hip hop workshops to help motivate Indigenous youth and give them positive messages through music, song and dance.

She tells stories through music and loves performing on stage.

Imagine you were to interview Dizzy about what motivates her. List five questions you would ask her.

Q1)

Q2)

Q3)

Q4)

Q5)

4 Dizzy Doolan offers her advice for young people starting out on the road to success. She suggests that when you feel like giving up, that's the very time you should remember why your goals are important to you.

Write your own rap that expresses your message about your culture.
