

Bush Tucker Cafe

Bush tucker is food that is native to Australia.



Hospitality teacher and restaurateur Beryl Van-Oploo recently opened her bush tucker cafe in Victoria Park overlooking the waterhole where the Gadigal people of the Eora nation once gathered.

Aunty Beryl opened the Gardener's Lodge Cafe to introduce people to the delights of bush foods and to give young Aboriginal and Torres Strait Islander hospitality students a chance to develop their culinary skills.

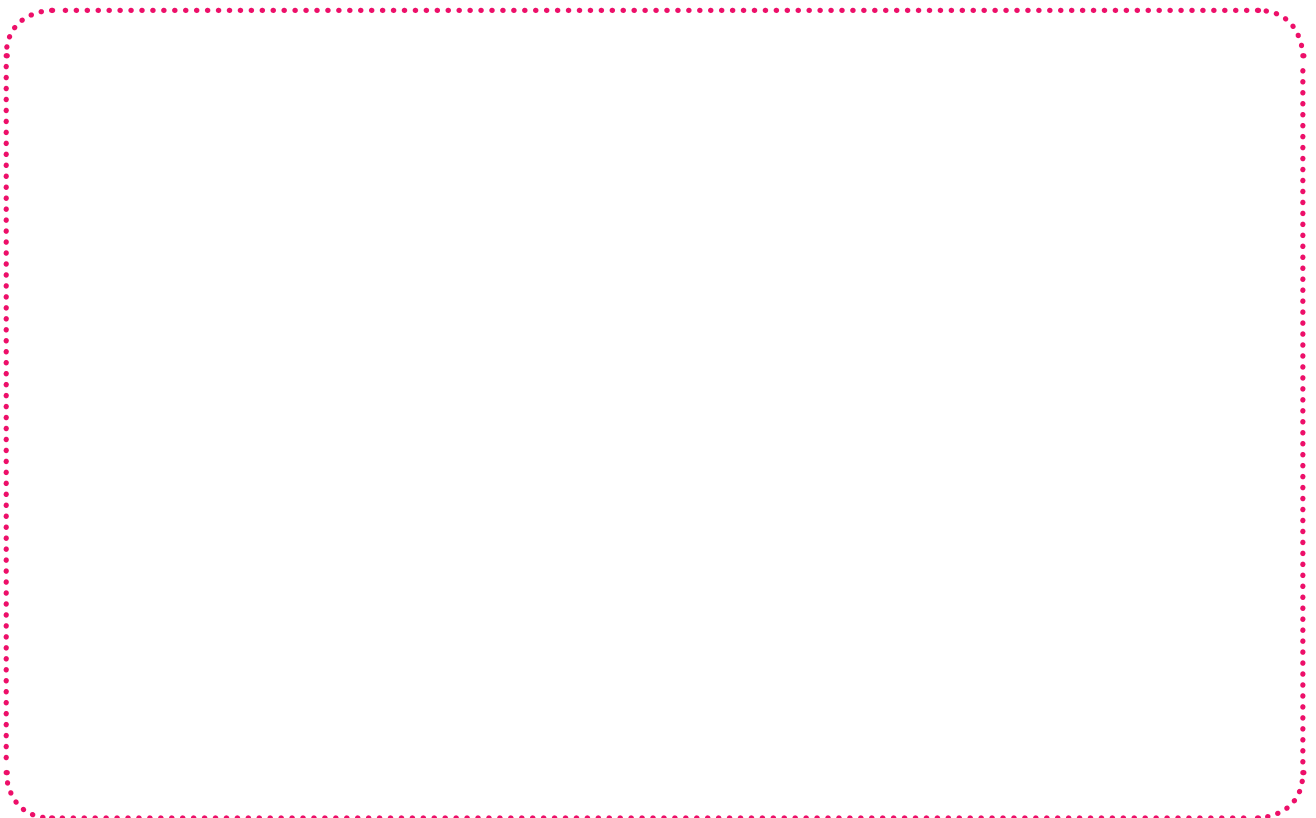
1 Circle the bush tucker foods from this list.

honey ants	Vegemite	lemon myrtle damper	
peanut butter	macadamia nuts	almonds	
kangaroo meat	beef	chicken	
oranges	Burdekin plum	native guava	desert limes

2 What are some of April's goals for the future?

3 How has working in the cafe helped April to achieve her career goals?

4 Make a list of the bush foods and medicinal plants that grow in your local area. Choose one food and one plant from this list to research in more detail. Relate your information in a power point presentation. Include pictures.



- 5** Create a menu using only bush tucker found in your local area. For example, kangaroo meat can be bought from many supermarkets and either barbecued or braised. Damper can be made from wheat flour. Sweet potato can be used as a yam. Depending on your location, you could include fish, yabbies, eels, emu, shellfish, crocodile or quail for meat.

My menu: